







# Dish of the Day Allergen Chart

Recipe Description Contains X May Contain O	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals Containing Glutens	 Soya	 Sesame Seeds	 Celery	 Mustards	 Lupin	 Sulphur Dioxide	Signed
Egg Fried Rice						X		X	X						
Sweet & Sour Chicken											X				
Sweet & Sour Quorn						X					X				
Vegetable Chow Mein						X		X	X					X	
Toffee Covered Banana Cake						X	X	X							

The chart should be marked to signify where allergens are present; a blank square signifies that none of the above allergens are contained in the recipe as prepared. Each entry should be signed by the person making the declaration.